



輔仁大學  
Fu Jen Catholic University

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## Fu Jen Catholic University

### PSY 100 Introduction to Psychology

#### Summer 2019

**Class hours:** Monday through Thursday, 2 hours each day

**Review and Discussion:** Friday, 2 hours

**Office hours:** Thursday/Friday, 1 hour or by appointment

**Field trip:** According to Professors' teaching plan

**Credit:** 3

**Total contact hours:** 54 hours

**Instructor:** Jason Timothy Potter

#### Course Texts:

Our main text will be: *Psychology: An Introduction* by Russell A. Dewey. It's available online here:  
<http://www.colorado.edu/philosophy/potter/chinapsy/readings/dewey>

We will also read some of the book *The Geography of Thought: How Asians and Westerners Think Differently, and Why* by Richard Nisbett. I will email excerpts from this book to you, or you can find them



here:

<http://www.colorado.edu/philosophy/potter/chinapsy/readings>

### **Course Description:**

Psychology is the study of our thinking and our behavior, our identities. Neuropsychology studies the brain. Developmental psychology looks at different stages of life, from infancy to old age. Social psychology looks at how our identities are connected to groups we are involved in. Clinical psychology tries to understand and cure mental illness. The subject matter is vast; our goal will be to get an overview of some of the main subject areas.

The psychologist Richard Nisbett published a study a few years ago about how Asians think differently than Westerners; we'll look at this study both to learn something about ourselves, and to get an idea of what psychologists do.

Week 1: July 8-12

- 1) Introduction. Excerpts from Nisbett on differences in Asian versus Western thinking
- 2) Excerpts from Nisbett on differences in Asian versus Western thinking
- 3) Read Dewey, Chapter 01: Psychology and Science
- 4) Read Dewey, Chapter 02: The Human Nervous System; Quiz #1 (30-45 Minutes)
- 5) Discussion

Week 2: July 15-19

- 1) Read Dewey, Chapter 03: States of Consciousness
- 2) Dewey, Chapter 04: Senses and Perception
- 3) Dewey, Chapter 05: Conditioning
- 4) Dewey, Chapter 06: Memory; Quiz #2 (30-45 Minutes)
- 5) Discussion



Week 3: July 22-26

- 1) Dewey, Chapter 07: Cognition
- 2) Dewey, Chapter 08: Animal Behavior and Cognition
- 3) MIDTERM (90 Minutes to 2 Hours)
- 4) Dewey, Chapter 09: Motivation and Emotion
- 5) Discussion

Week 4: July 29-August 2

- 1) Dewey, Chapter 10: Development
- 2) Dewey, Chapter 11: Personality
- 3) Quiz #3 (30-45 Minutes); Dewey, Chapter 12: Abnormal Psychology
- 4) Dewey, Chapter 13: Therapies
- 5) Discussion

Week 5: August 5-9

- 1) Dewey, Chapter 14: Frontiers of Psychology
- 2) Dewey, Chapter 15: Social Psychology
- 3) Quiz #4 (30-45 Minutes); Dewey, Chapter 16: Sex, Friendship, and Love
- 4) Review for Final Exam
- 5) Final Exam (90 Minutes to 2 Hours)

**Classroom Policies:**

**Electronic Devices in the Classroom:** There have been MANY MANY studies that show: (1) students who use electronic devices (like smartphones) in the classroom have lower grades than students who do not.

Not only do smartphones distract you, they also distract people around you, and they distract me, the



teacher. The distract from a serious learning environment. IF YOU INTEND TO BE A SERIOUS STUDENT, DO NOT BRING YOUR SMARTPHONE OR YOUR LAPTOP TO CLASS. IF YOU DO NOT INTEND TO BE A SERIOUS STUDENT, YOU SHOULD NOT BE ATTENDING THE CLASS. For further information, see the following:

<http://news.stanford.edu/news/2009/august24/multitask-research-study-082409.html>

<http://link.springer.com/article/10.1007%2F02940852>

<https://teachingcommons.stanford.edu/teaching-talk/class-multitasking-how-laptops-hurt-learning>

<https://www.washingtonpost.com/news/morning-mix/wp/2014/04/28/why-students-using-laptops-learn-less-in-class-even-when-they-really-are-taking-notes/>

<https://www.psychologytoday.com/blog/mental-wealth/201402/gray-matters-too-much-screen-time-damages-the-brain>

<https://www.winona.edu/psychology/media/friedlaptopfinal.pdf>

**Grading:** The grade will be based on two exams (each worth 40% of your final grade), four quizzes (all taken together are worth 10% of your final grade [2.5% of your final grade for each quiz]), and attendance (worth 10% of your final grade). Each quiz will take 30-45 minutes. Each exam will take 90 minutes to 2 hours each.

The grades will be broken down in the normal way:

Grade	Percent	GPA
80 to 100	A	4
70 to 79	B	3
60 to 69	C	2
50 to 59	D	1
49 and below	E	0